

## CLAIMS

What is claimed is:

1. A system for communicating between a first and second location, comprising:  
5 a first processor at a first location and in communication with a second processor at a second location; and,  
an audiovisual recording device in communication with the first processor and comprising at least one of a camera and a microphone.
2. The system of Claim 1, wherein the audiovisual device is worn by a user.
- 10 3. The system of Claim 1, wherein the audiovisual device comprises a device worn over the eyes of a user.
4. The system of Claim 1, further comprising a memory in communication with the first processor for storing data received by the audiovisual device.
5. The system of Claim 1, further comprising a second audiovisual device in  
15 communication with the first processor for receiving audiovisual data from the second processor.
6. The system of Claim 1, wherein the communication between the audiovisual device and the first processor is a wireless communication.
7. A method for communicating data between a first and second location, comprising the  
20 steps of:  
providing for, at a first processor at a first location, receiving audiovisual data from an audiovisual device comprising at least one of a camera and a microphone; and,  
providing for transmitting the audiovisual data to a second processor at a second location.
- 25 8. The method of Claim 7, wherein the audiovisual device is a device worn by a user.

9. The method of Claim 7, wherein the audiovisual device comprises a device worn over the eyes of a user.
10. The method of Claim 7, further comprising the step of:  
providing for storing the audiovisual data in a memory, the memory being in  
5 communication with the first processor.
11. The method of Claim 7, further comprising the step of:  
providing for, at the first processor, receiving audiovisual data from the second  
processor.
12. The method of Claim 7, wherein the communication between the audiovisual device  
10 and the first processor is a wireless communication.
13. A system for communicating between a first and second location, comprising:  
a first processor at a first location for executing an application; and,  
a memory in communication with the processor;  
wherein the application comprises:  
15 a first code segment for receiving audiovisual data from an audiovisual device,  
wherein the audiovisual device comprises at least one of a camera and a microphone; and,  
a second code segment for transmitting the audiovisual data to a second  
processor at a second location.
14. The system of Claim 13, wherein the audiovisual device is worn by a user.
- 20 15. The system of Claim 13, wherein the audiovisual device comprises a device worn  
over the eyes of a user.
16. The system of Claim 13, wherein the application further comprises:  
a third code segment for storing the audiovisual data in a memory, the memory in  
communication with the first processor.
- 25 17. The system of Claim 13, wherein the application further comprises:

- a third code segment for receiving audiovisual data from the second processor.
18. The system of Claim 13, wherein the communication between the audiovisual device and the first processor is a wireless communication.
19. A system for communicating between a first and second location, comprising:
- 5 a first processor at a first location for executing an application; and,  
a memory in communication with the processor;  
wherein the application comprises:
- a first code segment for receiving audiovisual data from a second processor at  
a second location, wherein the second processor is in communication with an audiovisual  
10 device, the audiovisual device comprising at least one of a camera and a microphone.
20. The system of Claim 19, wherein the audiovisual device is worn by a user.
21. The system of Claim 19, wherein the audiovisual device comprises a device worn  
over the eyes of a user.
22. The system of Claim 19, wherein the application further comprises:
- 15 a second code segment for receiving data from a second audiovisual device, wherein  
the second audiovisual device is in communication with the first processor.
23. The system of Claim 19, wherein the application further comprises:
- a third code segment for transmitting data received from the second audiovisual  
device to the second processor.
- 20 24. The system of Claim 19, wherein the communication between the audiovisual device  
and the first processor is a wireless communication.
25. A method for communicating between a first and second location, comprising:
- providing for, from a first location, transmitting audio and visual information to a  
person at a second location;

providing for, from the second location, transmitting audio information to a person at the first location.

26. The method of Claim 25, further comprising:

providing for, from the second location, transmitting video information to a person at the first location.

27. The method of Claim 25, further comprising:

providing for storing the audio and video information transmitted between the first and second locations in a retrievable storage device.

28. The method of Claim 25, wherein an audiovisual device is positioned about the head

of the first person at the first location.

29. A method of providing instruction between two persons, comprising:

providing for, at a first location, a first person transmitting audio and visual information to a second person at a second location;

providing for, at the second location, transmitting information comprising an instruction to the first person at the first location.

30. The method of Claim 29, further comprising:

providing for, from the second location, transmitting video information to the first person at the first location.

31. The method of Claim 29, further comprising:

providing for storing the audio and video information transmitted between the first and second locations in a retrievable storage device.

32. The method of Claim 29, wherein an audiovisual device is positioned about the head of the first person at the first location.

33. A method of remote communication, comprising:

a first user at a first location;

an audiovisual device positioned about the head of the first person;  
a transceiver operably connected to the audiovisual device at the first location;  
a second user at a second location;  
an audiovisual receptive device at the second location;

5 a transceiver operably connected to the audiovisual reception device at the second location;

transmitting audiovisual information from the transceiver at the first location to the transceiver at the second location; and,

transmitting audio-only information from the transceiver at the second location to the  
10 transceiver at the first location.

34. A system for communicating between a first and second location, comprising:

a first processor at a first location;

a first audiovisual device comprising a camera and microphone worn by over the eyes  
of a user and in communication with the first processor;

15 a first transceiver operably connected to the first audiovisual device and for transmitting audiovisual information captured by the first audiovisual device;

a second processor at a second location;

a second audiovisual device in communication with the second processor and for  
viewing audiovisual information captured by the first audiovisual device;

20 a second transceiver operably connected to the second audiovisual device and for receiving audiovisual information from the first transceiver; and,

a memory in communication with the second processor and for  
retrievably storing audiovisual information received from the first transceiver.

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